

# Suffolk Region Education Report: May 2022

This month there is not much to report. We have reached the end of another school year that like many had its ups and downs. With all the craziness of the past few years, I enjoyed the sense of normalcy that came with the administering of the regents exams.

In the wake of the tragedies in Buffalo and Texas The Education Commissioner gave the following resources to help families cope.

- [Resources from the NYS Office of Mental Health for New Yorkers Impacted by the Buffalo Shooting](#)
- [Tips for Teachers, Parents, and Caregivers from the National Association of School Psychologists](#)
- [Resources from the Coalition to Support Grieving Students](#)
- [NY Project Hope Website](#) and Emotional Support Helpline: 1-844-863-9314
- [Resources for Coping with Mass Violence from the National Child Traumatic Stress Network](#)

**Commissioner Rosa's end of year newsletter and statement:**

<https://myemail.constantcontact.com/News-and-Notes--Message-from-Commissioner-Betty-A--Rosa.html?soid=1110847617454&aid=WExNvGtstRQ>

I wish you all a very relaxing summer and look forward to all the big things PTA will accomplish next year after we all rest a bit.

