



Milly Rivera
Special Education Chair
mirivera@estee.com

Special Education Report
September 2021

Welcome Back!! As the new school year begins and our children return to in person learning, we are dealing with many feelings and emotions. The students are happy, apprehensive, and nervous all at the same time, how do we as parents deal with this? We need to empower our children to reflect on who they are as a learner, how they learn best, and what resources that help them achieve learning goals.

One way we can support our children is to incorporate or create a “Me Profile.” A “Me Profile” is an organized, student-friendly chart that allows students to record their strengths, interest, challenges, and resources (tools and strategies) for challenge areas. Students revisit their chart as they reflect on learning goals for themselves. Children with special needs, learning disabilities and any child can utilize this approach to help them be successful in their education career. Parent can tailor the profile, share with your child’s teachers, and work collaboratively for the betterment of your child. This will help your child not only to recognize their potential, but to advocate for themselves as well.

There is no right or wrong way to implement this profile and remember this should be a living profile. It will change from day to day, week to week and month to month as your child becomes more comfortable with the schoolwork. Learning is contagious, pass the information and ideas along. You never know who this idea may benefit as well.

Resources: EducationWeekly: Inclusive Teachers Must Be ‘Asset-Based Believers’. September 5, 2021